

the physician to assess the individual risk profile of each patient and to provide him or her with useful health care information. It also allows the physician and patient to work together in developing an effective health care regimen that can be applied at home and at work, long after the visit is over. Periodic check-ups strengthen the doctor-patient relationship and allow physicians to monitor carefully their patients' health.

To recognize the importance of periodic medical check-ups, the Congress, by Senate Joint Resolution 95, has designated the week beginning September 10, 1989, as "National Check-Up Week," and has authorized and requested the President to issue a proclamation in observance of this occasion.

NOW, THEREFORE, I, GEORGE BUSH, President of the United States of America, do hereby proclaim the week of September 10, 1989, as "National Check-Up Week." I call upon the people of the United States to observe this week with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this fifth day of September, in the year of our Lord nineteen hundred and eighty-nine, and of the Independence of the United States of America the two hundred and fourteenth.

GEORGE BUSH

Proclamation 6016 of September 5, 1989

### Uncle Sam Day, 1989

*By the President of the United States of America*

#### *A Proclamation*

The tall, white-haired figure of Uncle Sam—his stern, sagacious face graced by a flowing beard, and his distinguished top hat adorned by stars and stripes—is a beloved symbol of the United States. Recognized around the world, the striking visage of Uncle Sam recalls the pride and strength of the American people, as well as the freedom we enjoy.

One of the most familiar renditions of Uncle Sam is found on the James Montgomery Flagg recruitment poster used during World War I and World War II. With its now-famous headline, "Uncle Sam Wants You," this poster urged men and women to help defend our way of life by enlisting in the Armed Forces. Today, the figure of Uncle Sam continues to remind us of the great risks and personal sacrifices endured by generations of Americans in the quest for liberty.

In 1961, the Congress recognized Samuel Wilson of Troy, New York, as the progenitor of this celebrated American symbol. Hardworking and self-reliant, Samuel Wilson was a man of unwavering integrity. He was also an important source of food for the Army during the War of 1812. The marking "U.S." stamped on casks of meat that his packinghouse prepared for American troops represented "Uncle Sam" to many sol-

diers and eventually the name was associated with the U.S. Government itself.

During Samuel Wilson's lifetime, which spanned the exciting years of 1766 to 1854, Americans won our country's independence; formed a system of self-government under our great Constitution; explored and settled the frontier; and raised the hopes of freedom-loving peoples around the world. Because the character derived from his nickname embodies the proud and industrious spirit of the American people, it is fitting that we pause to remember "Uncle Sam" Wilson and his place in our Nation's history.

To honor Samuel Wilson on the anniversary of his birth and the occasion of the bicentennial of the City of Troy, New York, the Congress, by Public Law 100-645, has designated September 13, 1989, as "Uncle Sam Day" and has authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, GEORGE BUSH, President of the United States of America, do hereby proclaim September 13, 1989, as Uncle Sam Day and call upon the people of the United States to observe this day with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this fifth day of September, in the year of our Lord nineteen hundred and eighty-nine, and of the Independence of the United States of America the two hundred and fourteenth.

GEORGE BUSH

Proclamation 6017 of September 12, 1989

## United States Coast Guard Bicentennial

*By the President of the United States of America  
A Proclamation*

On August 4, 1790, the Congress authorized ten revenue cutters requested by Alexander Hamilton, the Nation's first Secretary of the Treasury, for the purpose of interdicting violators of U.S. customs laws. The vital seagoing service that began with those ten swift vessels lives on today in the form of the United States Coast Guard.

Today, the United States Coast Guard remains in the forefront of our Nation's fight against the importation of contraband by sea. Working in cooperation with other government agencies, it plays a crucial role in preventing illegal drugs from reaching the United States. By helping to keep drugs off America's streets, the Coast Guard is helping to save lives.

Saving lives is nothing new to the outstanding men and women of the United States Coast Guard. Through its search and rescue operations, vessel inspections, and boating safety programs, the Coast Guard protects both commercial and recreational boaters from the perils of the high seas and other navigable waters.